Hello,

If you're reading this, I'm probably unconscious. Here are the most important points about me. If I'm not unconscious stop reading, cheeky monkey :)

Blood type O+
My birthday is 9/7/1970.

Bloodwork is available at https://www2.bigjar.com/medical

I have sleep apnea. I use BiPAP therapy religiously (25mm H20/17 mm H2O).

I didn't get treatment for sleep apnea until I was 29 (February 2000), so I am very, very hard to sedate. When agitated my body can burn through just about anything. This is why I take Risperidal so I can sleep.

I see a pain clinic. Currently I am taking 90 Morphine equivalents. I'm also undergoing ketamine therapy at GreenBrook TMS.

I have a tendency towards hyponatremia, so please be careful giving me fluids. My sodium level has been as low as 120 (122 after hypertonic fluids).

I was infected with Lyme disease in 2004 along with who knows what else. These infections are the cause of the pain, I think.

I drink alcohol very sparingly (<12 drinks a year) and never to excess.

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