Current Medications 2026-10-13 for Jason C. Mitchell:

Levothyroxine	150mcg once a day (morning) - I've taken some form of T4 since 2008
Cytomel	35mcg once a day (morning) - Since 2008
Clomiphene	50mg once a day (morning) - since 2018
Recombinant HGH	0.5mg once a day (early evening) - Since 2023
Niaspan	1000mg twice a day - Since 2004
Benicar	40mg once a day (morning) - since 2020 (but started in 2008)
Amlodipine	10mg once a day (morning) - since 2020
Cromolyn	10ml once a day (bedtime) - since 2025
Tremfya	First injection 4/14/26
Hydroxychloroaquine	200mg twice a day - started 2022 (Lupus and Babesia infection)
Pristiq	100mg once a day (morning) - started 3/2025 increased 5/1/2025
Buspirone	30mg twice a day (morning and afternoon) - since 2003
Nuvigil	250mg once a day (morning) - since 2015
Risperidal	.5mg (bedtime) - since ~2018
Wellbutrin XR	300mg (morning) - since 2015
Wellbutrin	75mg (early afternoon) – since 2023
Abilify	4mg (bedtime)- since 2020
Lorzone	500mg three times a day
Celebrex	200mg twice a day - started 2014
Oxycodone	10mg up to four times a day – started 2014
Morphine ER	15mg twice a day – started 2019
Spravato (esketamine)	84mg once a week (usually Monday's)
Metoprolol tartarate	25mg once a day on Spravato days - since 2023
Vitamin D	15000 IU once a day (morning)
Omega Fish Oil	1800mg twice a day (morning and evening)
Arginine	5000mg a day (split into two doses)
Serrapeptase	2 tablets twice a day (morning and evening)
Acetyl L-Carnatine	750mg once a day (morning)
DHEA	25mg once a day (morning)
THC	20mg a night (sometimes more/sometimes less)
Senna Extracts	8x~9mg (4 morning, 4 evening)
Inositol	18g split into 4 doses

Red Beet Extract, Ashwaghanda, Akkermansia

<u>Health Issues</u>

Sleep Apnea (BiPap 25 mm H20 /17 mm H20)	Lyme Disease (past?)
Hypertension/Hyperlipidemia	Bartonella
Hypothyroidism	Psoriasis (confirmed)/ Psoriatic Arthritis(?)
Central serous retinopathy (right eye)	Gluten Sensitivity
Lupus	Growth Hormone deficiency