

Current Medications 1/7/2015 for Jason C. Mitchell:

NP Thyroid	90mg twice a day
Cytomel	50mcg twice a day
Biaxin	500mg twice a day
Clindamycin	Two 60 mg tablets twice a day
Doxycyclin	One 100mg tablet twice a day
Niaspan	1000mg once a day (bedtime)
Edarbi	80mg once a day (morning) (stopped Tuesday 10/7/14)
Paxil	60mg once a day (morning)
Buspirone	20mg twice a day
Valium	12.5mg once a day (evening)
Xanax	1mg once a day (evening)
Nuvigil	150mg once a day (morning)
Risperidal	3mg (bedtime)
Butrans	20 mcg/hour patch
Oxycodone	10mg three times a day
Soma	350mg three times a day
<del>Naproxyn</del>	<del>1400mg/day (stopped December 31st)</del>

Current Supplements

Product	Morning (stopped December 31st)	Evening (stopped December 31st)
B-1	1000mg	1000mg
B-2	100mg	
B-5	1000mg	1000mg
B-50	50mg	50mg
Biotin	5mg	5mg
Vitamin C	5 x 1000mg	4x1000mg
D3	2 x 5000IU	
Zinc	50mg	
NAC	1200mg	1200mg
Selenium	200mcg	
Dimension 3	2 tablets	2 tablets
Cordyceps	1 tablet	
CoQMax	2 tablets (120mg?)	2 tablets (120mg)
Boluoke	2 capsules	
Inositol	9g	9g
Serettia		2 capsules
Xymogen Omega-3 Fish Oil	3 x 780mg	3 x 780mg
Meriva	2 x 500mg	2 x 500mg
Astaxanthin	4 tablets	4 tablets
Teavigo	1 tablet	1 tablet

Grape PIP	1 tablet	1 tablet
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Health Issues

Sleep Apnea (BiPap 23 mm H2O /13 mm H2O)  
Hypertension  
Hypothyroidism  
Central serous retinopathy (right eye)

Lyme Disease (past)  
Bartonella  
Hyperlipidemia  
Gluten Sensitivity