

Current Medications 6/5/2014 for Jason C. Mitchell:

NP Thyroid	90mg twice a day
Cytomel	50mcg twice a day
Biaxin	500mg twice a day
Alinia	Two tablets, twice a day, two days a week
Niaspan	1000mg once a day (bedtime)
Edarbi	80mg once a day (morning)
Paxil	60mg once a day (morning)
Buspirone	20mg twice a day
Valium	13.75mg once a day
Nuvigil	150mg once a day (morning)
Seroquel	200mg (bedtime)
Butrans	20 mcg/hour patch
Oxycodone	5mg three times a day
Soma	350mg three times a day
Celebrex	200mg once a day (morning)

Current Supplements

Product	Morning	Evening
B-1	1000mg	1000mg
B-2	100mg	
B-5	1000mg	1000mg
B-50	50mg	50mg
Biotin	5mg	5mg
Vitamin C	5 x 1000mg	4x1000mg
D3	2 x 5000IU	
Zinc	50mg	
NAC	1200mg	1200mg
Selenium	200mcg	
Dimension 3	2 tablets	2 tablets
Cordyceps	1 tablet	
CoQMax	2 tablets (120mg?)	2 tablets (120mg)
Boluoke	2 capsules	
Inositol	9g	9g
Serettia		2 capsules
Xymogen Omega-3 Fish Oil	3 x 780mg	3 x 780mg
Meriva	2 x 500mg	2 x 500mg
Astaxanthin	4 tablets	4 tablets
Teavigo	1 tablet	1 tablet
Grape PIP	1 tablet	1 tablet

Health Issues

Sleep Apnea (BiPap 23 mm H2O /13 mm H2O)

Hypertension

Hypothyroidism

Central serous retinopathy (right eye)

Lyme Disease (past)

Bartonella (past)

Hyperlipidemia

Gluten Sensitivity