

Current Medications 11/18/2013 for Jason C. Mitchell:

Edarbi 80mg once a day (morning)
 Levoxyl 112mcg once a day (bedtime)
 Niaspan 1000mg once a day (bedtime)
 Cytomel 15mcg twice a day
 Soma 350mg three times a day
 Biaxin 500mg twice a day
 Alinia Two tablets, twice a day, two days a week

Paxil 40mg once a day (morning)
 Buspirone 20mg twice a day
 Valium 13.75mg once a day
 Nuvigil 150mg once a day (morning)
 Seroquel 100mg (bedtime)

Current Supplements

Product	Morning	Evening
B-1	1000mg	1000mg
B-2	100mg	
B-5	1000mg	1000mg
B-50	50mg	50mg
Biotin	5mg	5mg
Vitamin C	5 x 1000mg	4x1000mg
D3	2 x 5000IU	
Zinc	50mg	
NAC	1200mg	1200mg
Selenium	200mcg	
Dimension 3	2 tablets	2 tablets
Cordyceps	1 tablet	
CoQMax	2 tablets (120mg?)	2 tablets (120mg)
Boluoke	2 capsules	
Inositol	9g	9g
Serettia		2 capsules
Xymogen Omega-3 Fish Oil (started June 1)	3 x 780mg	3 x 780mg
Meriva	2 x 500mg	2 x 500mg
Astaxanthin	4 tablets	4 tablets

Health Issues

Sleep Apnea (BiPap 23 mm H2O /13 mm H2O) Lyme Disease (past)
 Hypertension Bartonella (past)
 Hypothyroidism Hyperlipidemia
 Central serous retinopathy (right eye) Gluten Sensitivity